

# TREC Feedback Focus Group 2011



Q1: During your time coming to TREC, what have you found to be the most useful?

- Free of charge, safe place where we can speak to each other
- Meeting others, new people, finding out what others do, help and advice re: transitioning, friendly atmosphere
- Talking about trans stuff without worry
- Basic level of understanding - no need to explain yourself
- Chilled atmosphere
- Talks/speakers - realistic perspectives on healthcare, e.g. GILES
- No alcohol, no pressure
- Demonstrations, e.g. Penny
- Having the police coming to TREC has made me more comfortable with police in general. I know them when I see them around the village.

Q2: Is TREC different or the same as other groups?

- Different: not all about transition. Activity-based.
- Integrated MTF, FTM, GQ, etc.
- Nowhere else integrates so well

Q3: What should TREC provide that we don't currently?

- Films every now and then
- Listening service/peer support system
- Being positive about being trans; trans role models
- Develop our own expertise and materials
- Sexual health clinic
- Info about finding jobs/writing CVs
- Folder of info/leaflets
- Resources for SOFFAs
- Experience swapping
- Engage with media

Q4: What restricts us?

- People see a split between facilitators/clients
- Difficult to have a continuing agenda - people drop in/out; continuity issues

Q5: Who would you like to come and speak?

- DWP - tax/NI, etc.
- GIRES
- Positive role models - SOFFAs, personal stories, people within the group, former Mayor of Cambridge
- Actors playing trans roles
- Charing Cross health professionals

Q6: What have you found least useful?

- Time - starts too early
- People come in dribs and drabs
- Only once enough
- Not knowing numbers for getting resources
- Some of the films

Q7: What would you like to see TREC do/become?

- National/international conferences
- First aid training
- Skills building

Q8: Would it help for people to sign up in advance?

- Signing up would help make sure we have bums on seats
- Signing up could exclude people
- It would be helpful if clashes were removed - a whole one day event, e.g. TBA

Q9: Do people have interest in leading groups?

- More motivated if more certain of numbers (x2)
- Feedback forms
- Difficult if participants are negative or critical

Q10: How can we encourage people to take leadership roles?

- Session on leading a workshop
- Qualification/accreditation
- Survey peoples' skills, what they would like to do and what participants want

Q11: How can we bring more people in?

- Advertise in public/doctors surgeries/libraries/tourist info
- Universities over the whole of the NW
- People are willing to take and distribute flyers
- Council directories/websites